Grant Park Community Garden

Love Your Block Project
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Under the Americans with Disabilities Act, PRC must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means that if necessary, PRC must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that PRC will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance it at all possible. Please contact PRC at 602-253-6895.
Community Connection Fair
Connecting People of All Ages

Fun for the whole family! Everyone Welcome!

15th Annual Event
Saturday, March 3rd, 2018
10:00AM - 1:00PM
Matthew Henson Park*
(8th Avenue between Sherman & Tonto Streets)
*In Case of Rain Fair will be Cancelled

- Free Vendor Space
- Volunteer Opportunities
- Entertainment
- All Ages Welcome

Food & Music
- Resources
- Health Screenings
- Arts & Crafts

For more information please call 602-534-2043
Register at: www.phxrevitalization.org/ccf

The Phoenix Elementary School District neither endorses nor sponsors the organization or activity represented in this material. The distribution or display of this material is provided as a community service. Special accommodations/alternate format materials are available upon request by calling 602-534-3561/voice or 602-534-5500 city TTY relay.
Trends in Recycling Food Waste

We Americans live in a country of abundance yet very wasteful in our use of our blessings. According Zero Waste September 2011, Americans waste 20 pounds of food per person per month. The cost of this waste is $115 billion per year. Our organic waste is the second highest component in landfills and is the largest source of methane gas emissions. If we could decrease our waste by just 5% we could feed 4,000,000 Americans!!

Compost is organic material derived from wasted food that can be added to soil to help plants grow. Food scraps and yard waste currently make up 20 to 30 percent of what we throw away, and should be composted instead. Making compost keeps these materials out of landfills where they take up space and release methane, a potent greenhouse gas.

The U.S. Zero Waste Business Council was created to develop a zero waste economy by convincing businesses to redesign their business model. This translates into changing employee and suppliers habits. Businesses are encouraged to adopt the 3 R’s - Reduce, Reuse and Recycle. This means to purchase less, reduce and or eliminate plastic and create more sustainable packaging. The business community can become more aware of trash on the natural environment and affect of trash toxins on humans.

In an effort to adopt The U.S. Zero Waste Council business model, The Sierra Nevada Brewing Company hired a Recycle Coordinator several years ago that led to the creation of a Department of Sustainability. They purchased their compost machine that transformed 3,000 - 4,000 pounds of daily waste into 3 yards of compost daily. The compost is then used in their hop and barley fields and their restaurant gardens. This resulted into a 90% diversion rate for a year. This achievement earned Sierra Nevada The Zero Waste Facility Certification.

In a zero waste company, everyone in every department is responsible, trained and incentivized. Every department has zero waste policies and its own zero waste program and is responsible for being part of the company’s overall zero waste plan. It’s a sustainable program with the total participation of the entire company.

Community based compost companies are beginning to spring up all over the country. Community composting is the process of conducting the entire compost process, collection to finished product, within the community so the community benefits from the compost program. The community can benefit from food production, soil remediation and citizen engagement.

Compost Peddlers in Austin Texas is a 100% bike powered compost program. Bike peddlers collect organic material from homes and restaurants then deliver the waste to urban farms and community gardens. Started in 2012 with 30 residents now has 500 collections points and have composted over 250,000 pounds.

The New York Composting Project which is the largest in the United States provides compost classes for its community. Customers can purchase compost bins for home then drop off the waste to urban farms or the waste can be picked up. A participating urban farm, Red Hook Community Farm utilizes 1,300 volunteers to process 225 tons of waste yearly.

Locally, the City of Phoenix completed construction of a 13.3 million dollar compost facility last April located at Lower Buckeye and 27th Avenue. Only 4% of eligible properties are currently participating in the program (Arizona Republic September 30, 2017). The facility hopes to begin processing 55,000 tons of compost yearly and eventually 220,000 yearly.

In addition, Recycled City located in Laveen and South Phoenix is a food recycling business that provides food compost bins to customers that eventually lands the composite into local gardens. Eliminating food waste and feeding our hungry benefits all of us in Central City South and beyond. If your business is not yet participating in solutions to eliminate food waste but are interested in becoming involved please contact Raul Daniels at 602-326-1672.
Business Network Lunch
Thursday March 15th, 2018
11:00AM - 1:00PM

Join Us for the latest business news!

(Bring your business cards!)

Host Site:
Children First Leadership Academy
1648 South 16th Street

Topics
♦ Crime Updates
♦ Beautification Projects
♦ Development Projects
♦ South Central Light Rail
♦ Downtown Phoenix Inc.
♦ Connecting at the tracks
♦ Warehouse District

info@phxrevitalization.org
Office: (602) 253-6895

Facilitated by
Supported by
Affordable Childcare
Available in Your Backyard

The GateWay Community College Children’s Learning Center* locations are accepting children, ages 24 months through 12 years, who are able to handle their own toileting needs. The Learning Centers are enrolling now at the Montecito Campus, and, if space permits, the Washington Campus. To ensure that space is available, call first to make reservations.

REQUIREMENTS
• Current Immunization Records
• Birth Certificate
• Completed Enrollment Forms

After a complete enrollment packet has been received, children are eligible for full-time or drop-in care if space allows.

ENROLLMENT
For information on enrollment and more, visit gatewaycc.edu/childcare. There is a $10 non-refundable registration fee due at the time of registration, for each child, each semester (maximum of $30 per family). For rates, call (602) 286-8130.

*State licensed, DES authorized Quality First Star rated.
SOUTHWEST SKILL CENTER
ALIGNS UNDER
GATEWAY COMMUNITY COLLEGE

The operational oversight of the SouthWest Skill Center will be returning to GateWay Community College's (GWCC) Trade and Technical Training Division, formerly Maricopa Skill Center, effective Jan. 2, 2018. The organizational move allows for consistent coordination and cohesive offerings throughout the Maricopa County Community College District.

The SouthWest Skill Center name will remain the same and will continue to operate at 3000 N. Dysart Road in Avondale, on the Estrella Mountain Community College campus.

Programs for the Trade and Technical Training Division and SouthWest Skill Center are available at gatewaycc.edu/trade-technical-training-programs.

Training areas include:
Auto Body • Beauty & Wellness • Computer Support
Customer Service • Construction Trades
Emergency Medical Technician • Meat Cutting
Nursing & Healthcare • Welding

For program questions, contact (602) 238-4350 (Central City Campus) or (623) 535-2700 (SWSC).
Hidden Jewel

by Lezlee Alexander

Did you know we have a hidden jewel right in the heart of Phoenix? Pioneer & Military Memorial Park (P&MMP) and Smurthwaite House can be found at 13th Ave. and Jefferson. These facilities are operated by the Pioneers’ Cemetery Association (PCA) in conjunction with the City of Phoenix Parks & Recreation. PCA is in the business of telling stories – they’d love to share them with you!

- This group of volunteers maintains the grounds and researches and shares stories of those buried in the seven historic cemeteries of P&MMP.
- Stories are shared in tours of the historic Smurthwaite House located on the grounds.
- Both the P&MMP and the Smurthwaite House are listed in the National Register of Historic Places.
- Volunteers offer assistance and valuable resources for researchers.
- Trained Volunteers are actively involved in the preservation of historic grave markers. Training is offered throughout the year utilizing proper preservation techniques.

The cemeteries and Smurthwaite House are open weekly on Thursdays, 10am – 2 pm, for tours and to tell the stories of early Phoenix history. Upcoming special events include an open house on 4th Saturdays and the annual Memorial Day Remembrance Celebration.

Contact pioneercem@yahoo.com to schedule your tour group of 5 or more or simply stop by on Thursdays if less than 5 are in your party. Guided tour pricing is nominal at only $5/person 18-60 years; $3/person for Seniors, students, if in a tour group of 5 or more, or for a tour of only the Smurthwaite House; children 5 and younger and members are free. Donations are greatly appreciated! Stop by their website at azhistcemeteries.org to learn more about them and to subscribe to their news!
Creative Specialties, Famous Names Welcome Shoppers at Phoenix Sky Harbor

Shoppers looking for a good deal on specialty gifts, collectibles and vintage retail products can look forward to the 16 new stores opening their doors at Phoenix Sky Harbor International Airport’s Terminal 4.

The variety of stores includes several firsts: the first store in an airport with Lucky brand merchandise; the airport’s first Brookstone; and Sky Harbor’s first full-service medical clinic courtesy of Mach1Medical.

The burst of retail activity follows Phoenix City Council action last spring that approved the second and final phase of the retail overhaul of the airport’s busiest terminal, Terminal 4.

Contracts were awarded to Casa Unlimited Enterprises, Inc.; Avila Retail Development and Management, LLC; Dufy Phoenix Retailers JV; Paradies Lugardere @ PHX, LLC; and InMotion Entertainment Group, LLC.

The new concepts include:

- **Azcentral.com** – This store offers periodicals, books, last-minute traveler needs, snacks, bottled water, soft drinks and souvenirs.

- **Brookstone** – Phoenix Sky Harbor’s first. Find gifts for any occasion. Unique items for the home, for your travels, as well as toys and games and electronics.

- **Connections** - This shop provides travelers with periodicals, snacks, last-minute travel needs, and souvenirs.

- **Drugs & More** – Your airport drug store. Featuring last-minute items for your travels as well as over-the-counter medication.

- **En Route Travel** – This store will feature all the accessories you could need for your travels as well as luggage and more.

- **Indigenous** (three locations) – Take a piece of Arizona home with you with unique gifts, collectibles and souvenirs. This store also features many Native American items that are exclusive to Arizona and the Southwest.

- **InMotion Entertainment** (two locations) - Discover the latest in electronics, headphones, accessories and more.

- **Lucky Break** – The first Lucky Brand airport store. Featuring Lucky Brand fashion jewelry and accessories.

- **Mach1Medical** – Sky Harbor’s first full service medical clinic will be located within Drugs & More. The clinic offers a doctor on staff, prescriptions, physicals, and more.

- **Phoenix Duty Free** (two locations) – Sky Harbor’s first duty-free/duty paid store. Offering a wide selection of fragrances, gifts, jewelry, liquor, tobacco and travel-related merchandise. Even if you aren’t flying internationally, you can purchase cosmetics and other special accessories at these locations.

- **Sonora Southwest Living** – A lifestyle store. Offering unique items for the home, including accessories, furniture, and other custom merchandise.

- **TripAdvisor** – Featuring periodicals, books, last-minute traveler needs, and souvenirs.

- **TUMI** – Featuring luxury luggage and travel accessories.

These stores are in addition to the first wave of new retail offerings in Terminal 4 which opened last year. Some of those new retail options include two XpresSpa locations, Roosevelt Row, Johnston & Murphy, Bunky Boutique and much more.

For additional information, visit [https://www.skyharbor.com/ShopsFoodServices/Shops](https://www.skyharbor.com/ShopsFoodServices/Shops)
# COP VITA Sites - Dates and Hours of Operation

This program is free for those who earned $54,000 or less in 2017

<table>
<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>ZIP CODE</th>
<th>2017/18 HOURS</th>
<th>DATES CLOSED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability 360</td>
<td>5025 E. Washington St. #200 (50th St. / Washington St.)</td>
<td>85034</td>
<td>Saturday 9:00 a.m. - noon 02/3/18 - 04/14/18  Call 602-443-0738 for an appointment</td>
<td>March 31st</td>
</tr>
<tr>
<td>Betty Fairfax High School</td>
<td>8225 S. 59th Ave. (59th Ave./ Baseline)</td>
<td>85339</td>
<td>Saturday 9 a.m to noon 02/03/18 - 04/14/18 Biweekly</td>
<td>Feb 17th, 24th March 10th, 17th 31st</td>
</tr>
<tr>
<td>Diamond Street Resource Center</td>
<td>1245 E. Diamond St (12th St. / Roosevelt Rd.)</td>
<td>85006</td>
<td>Tuesday 6:00 p.m. - 8:00 p.m. Saturday 9:00 a.m. - noon. 01/20/18 - 04/14/18</td>
<td>March 31st</td>
</tr>
<tr>
<td>Emmett McLoughlin Training Center</td>
<td>1150 S. Seventh Ave. (7th Ave. / Buckeye Rd.)</td>
<td>85007</td>
<td>Saturday 9:00 a.m. - 1:00 p.m. 1/27/2018 - 4/14/18</td>
<td>March 31st</td>
</tr>
<tr>
<td>First Institution Baptist Church (FIBCO)</td>
<td>1141 E. Jefferson St. (11th St. / Jefferson)</td>
<td>85034</td>
<td>Thursday 6p.m. to 8 p.m. Saturday 8:00 a.m. - noon 01/20/18 - 04/14/18</td>
<td>March 31st</td>
</tr>
<tr>
<td>First Credit Union</td>
<td>803 E. Devonshire Ave. (7th St. / Indian School Rd.)</td>
<td>85012</td>
<td>Tuesday 9:00 a.m. - 2:00 p.m. 1/23/18 - 4/17/18</td>
<td>March 31st</td>
</tr>
<tr>
<td>Inter Tribal Council of Arizona</td>
<td>2214 N. Central Ave. (Central Ave. / McDowell)</td>
<td>85004</td>
<td>Saturday 9 a.m. to 1 p.m. 02/03/18 - 04/14/18</td>
<td>Feb 10, March 3rd</td>
</tr>
<tr>
<td>John F. Long Family Services Center</td>
<td>3454 N. 51st Ave. (51st Ave. / Osborn Rd.)</td>
<td>85031</td>
<td>Monday 9:00 a.m. - 1:00 p.m. Tuesday 4:00 p.m - 7:00 p.m. Saturday 9:00 a.m. - 12:00 p.m. 1/27/18 - 4/14/18</td>
<td>February 19, March 31st</td>
</tr>
<tr>
<td>Marisol Credit Union</td>
<td>1515 W. Roosevelt St. (19th Ave. / Roosevelt)</td>
<td>85007</td>
<td>Thursday 10 a.m - 2 p.m. 02/01/2018 - 4/17/18</td>
<td>March 10 17,31st</td>
</tr>
<tr>
<td>Metro Tech High School</td>
<td>1900 W. Thomas Rd. (19th Ave. / Thomas Rd.)</td>
<td>85015</td>
<td>Saturday 9:00 a.m. - 12:00 p.m. 01/27/18 - 4/14/18</td>
<td>March 10 17,31st</td>
</tr>
<tr>
<td>Native American Connections</td>
<td>4520 N. Central Suite #600 (Central Ave. / Indian School Rd.)</td>
<td>85012</td>
<td>Saturday 9:00 a.m. - 1.00 p.m. 01/27/2018 - 04/07/2018  Call 602-254-3247 For an Appointment</td>
<td>Feb 3, 17 Mar 10, 17, 31, Apr 14th</td>
</tr>
<tr>
<td>Orangewood/Life Bridge Church of the Nazarene</td>
<td>7510 N. 27th Ave. (27th Ave/Orangewood St) 85051</td>
<td>85051</td>
<td>Tuesday 5:30 p.m. - 7:30 p.m. Saturday 8 a.m. - noon 1/20/18 - 04/14/18</td>
<td>March 31st</td>
</tr>
<tr>
<td>Paradise Valley Community College</td>
<td>18401 N. 32nd St. (32nd St. / Union Hills Dr.) Building E - Computer Commons Free Parking</td>
<td>85032</td>
<td>Saturday 9:00 a.m. - 1:00 p.m. 01/27/18 - 04/14/18</td>
<td>March 17th, 31st</td>
</tr>
<tr>
<td>Pendergast Community Center</td>
<td>10550 W. Mariposa St. (105th Ave / Carmelback Rd.)</td>
<td>85037</td>
<td>Thursday 8:00 a.m. - noon 02/01/18 - 04/11/18</td>
<td>March 15th</td>
</tr>
<tr>
<td>South Mountain Community College</td>
<td>7050 S. 24th St. (24th St. / Baseline Rd.) Student Union Building</td>
<td>85042</td>
<td>Wednesday 5:00 p.m. - 8:00 p.m. 02/07/18 - 04/4/18</td>
<td>March 14th</td>
</tr>
<tr>
<td>Sunnyslope Family Services Center</td>
<td>914 W. Hatcher Road (7th Ave. / Hatcher Rd.)</td>
<td>85021</td>
<td>Monday, Tuesday, Wednesday, Thursday 9:00 a.m. - 2:00 p.m. 01/22/18 - 04/17/18</td>
<td>Feb 19th</td>
</tr>
</tbody>
</table>

Contact IRS (Internal Revenue Service) at 800-906-9887 or go to http://irs.treasury.gov/freefileprep to confirm site locations and hours of operation 1-11-18.
Young Man/Young Woman Award

Application Deadline for the Outstanding Young Man/Young Woman Award is Monday, February 26, 2018!

The Outstanding Young Man and Young Woman (OYMYW) of the Year program recognizes and honors the outstanding achievements of young people, enhances the perception of youth and raises community awareness of the positive contributions of youth.

Each year, 16 high school students are selected as council district winners and recognized at an event, along with the teacher who inspired them the most. Visit [www.phoenix.gov/education](http://www.phoenix.gov/education) to apply!
WINTER 2018
COMMUNITY GARDEN LEADER TRAINING

Build the skills needed to make your community garden productive!

Topics covered:
- Plant growth and development
- Soils and fertilizers
- Garden composting
- Garden irrigation
- Pest management in the garden
- Raised bed construction and tools
- Spring vegetable gardening
- Fall vegetable gardening
- Garden recordkeeping
- Community resources, working with volunteers and administrators

The program will be a fun combination of classroom and hands-on learning. Help bring nutrition, connections, and fun outdoor activity to your community! A light dinner will be provided.

Schedule:
Wednesdays • January 31 – March 28 • 5:30 – 8:00 pm

Location for the training sessions:
Emmett McLoughlin Community Training & Education Center
1150 South 7th Avenue, Phoenix, AZ 85007

To register and for more information:
Kaitlin Poe-Orsburn • Program Coordinator • U of A • kpoemail.arizona.edu
Jayson Matthews • Director of Ending Hunger • VSUW • jmatthews@vsuw.org

Presented by:
- University of Arizona Cooperative Extension, Maricopa County
- Financial support from Valley of the Sun United Way
Congratulations to Marcos de Niza Resident Council. On Friday January 12, 2018 community members gathered at the I-Work Office for the 2018 election of officers.

The results are:
President – Jane Marie Reyes
Vice President – Job Salinas
Secretary – Edna Sanchez
Sergeant at Arms – Tomas Parra Silva
Treasurer – Grace Salinas

We wish you a successful 2018 on your many community projects.
Thank you for your service!

Want to volunteer, participate or learn more about the Marcos de Niza Resident Council? email: jmariereyes3@gmail.com

FAA - Flight Path Workshop Schedules

The FAA will hold two more public workshops to address upcoming flight path changes in Phoenix following an August 2017 court ruling. This Spring the FAA is expected to return westbound departures to approximately the same as they were before September 2014.

Those wishing to provide comments to the FAA do not need to attend a workshop to do so. Feedback can be provided through the Community Involvement page. The comment period is open from February 1 through February 16.

The workshop schedule is:

Feb. 7, 2018, 5-8 p.m.
Cesar Chavez High School Cafeteria
3921 W Baseline Road
Laveen, AZ 85339

Feb. 8, 5-8 p.m.
Horizon High School Cafeteria
5601 E Greenway Rd
Scottsdale, AZ 85254

Free parking will be available at all locations. Spanish interpreters also will be present.
Information from the FAA is available on its Community Involvement page. Additional information is available on Sky Harbor's Media page.
www.skyharbor.com/FlightPaths
CHOICE Neighborhoods Resident Leadership Council
Edison-Eastlake Community “One Vision”

Over the past 10 months, Phoenix Revitalization Corporation has partnered with residents from Luke Krohn, A.L. Krohn and Sydney P. Osborn in the City of Phoenix Housing Department CHOICE Neighborhoods Planning Grant (Federal Housing Grant). The goal was to facilitate a CHOICE Neighborhoods Resident Leadership Council “RLC” that would provide feedback and guidance during the CHOICE Planning Grant period by participating in or supporting surveys, health/needs assessments, neighborhood design options, housing design options, and action activities. This feedback would then be utilized in the CHOICE Implementation Grant application that was submitted in November of 2017.

The RLC met bi-monthly to provide feedback and learned how to facilitate meetings, conduct walking audits of their neighborhoods, actively participated in outreach efforts so the community could have a voice, participated in a Place-Making Training and made suggestions to improve resident services and the Quality of Life in the Edison-Eastlake Community. Most importantly, their visions and dreams would be captured and included in the Implementation Grant that was submitted to HUD (Housing Urban Development, Washington D.C.). A result from the work on this project was a plan that targets the neighborhoods around the 16th Street and Van Buren area titled the “One Vision” Plan. The City of Phoenix Housing Department anticipates that an announcement of awardees for this year’s CHOICE Neighborhoods should come early this summer.

The final formal meeting of the RLC was held on Monday, January 29, 2018 at the new Aeroterra Community Center located at 1725 E. McKinley, Phoenix, AZ. The residents were presented recognition certificates by the Office of Congressman Ruben Gallegos and Certificates of Appreciation from Cindy Stotler, Housing Director of the City of Phoenix. The Resident Leadership Council is now transitioning into their own neighborhood group so that the work continues!

Members of the RLC: Laura Felix, Aaron Gipson, Paula Gipson, Imelda Hartley, Francisca Labate, Beatriz Martinez, Lorena Mendez, Roberto Sandoval, Emma Villanueva

For more information on this project: www.phoenix.gov/housing or call the City of Phoenix Housing Department (602) 262-6011

Co-Written by: Eva O. Olivas and Jessica Bueno / Phoenix Revitalization Corporation
Phoenix Office of Arts + Culture
Neighborhood Arts Grant

Young People collaborating with their neighbors to create arts and cultural project!

$1,000 - $3,500 AWARD AMOUNTS

GRANTS WORKSHOPS
JANUARY 2018

GRANT DEADLINE
MARCH 2018

GRANTS AWARDED
JULY 2018

For More Information Visit: WWW.PHOENIX.GOV/ARTS
Grant Park Community Garden
Straw Bale Gardening Day / Love Your Block Project

On Saturday – February 03, 2018 the Grant Park Garden Club (3rd Avenue and Grant Street) planted the first “Bale” Garden in Central City South. Owners Susan and Silvario Ontiveros share this community space that provides opportunities for neighbors to connect and have healthy eating options. Space is still available if you are interested in starting your individual or family plot.

The residents were joined by volunteers from many countries here in the United States through the STS Program. Teens from Turkey, Lebanon, Palestine, Indonesia, Switzerland, Italy, Netherlands, Holland, Philippines and Morocco participated in this great day of planting, learning and sharing!

More information on the STS Program: www.azsf.com – For more information on the Grant Park Community Garden contact: Facebook – Grant Park Community Garden

What a gift to our community! Thank you.
December 30, 2017: Phoenix Revitalization Corporation was happy to support the Central City South Mural Project which included a block party and live mural painting by local artist and resident volunteers in the Grant Park Community area. The group worked together to develop the ideas and to complete the art mural project on the west side of the apartment building located at 822 S. Montezuma Street. Thank you to the property owner Julian Sodari Sr. for contributing the space on the building and fence for this project.

**Contributing Artist**
Lalo Cota, SAS602, Kosher, Sentrock, Busybirdy, Annelisa Leinback, Joshua Castaneda and SE Phoenix and OFA.

**Additional sponsors and supporters**
The Sagrado Galleria, Arizona Paint Supply and Just Blaze.

**What a gift to our community! Thank you.**
### Weekly Ultrasound Screening

**Monday & Tuesday**

**9AM-2PM**

<table>
<thead>
<tr>
<th>Screening Type</th>
<th>Monday</th>
<th>Tuesday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Abdominal Aortic Aneurysm</strong></td>
<td>January 22, 2018</td>
<td>January 23, 2018</td>
</tr>
<tr>
<td>Suggested nothing to eat for 8-12 hours prior</td>
<td>January 29, 2018</td>
<td>January 30, 2018</td>
</tr>
<tr>
<td><strong>Liver Screening</strong></td>
<td>February 5, 2018</td>
<td>February 6, 2018</td>
</tr>
<tr>
<td>Suggested nothing to eat for 8-12 hours prior</td>
<td>February 12, 2018</td>
<td>February 13, 2018</td>
</tr>
<tr>
<td><strong>Carotid Artery Screening</strong></td>
<td>February 19, 2018</td>
<td>February 20, 2018</td>
</tr>
<tr>
<td><strong>Additional Scans Available</strong></td>
<td></td>
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<tr>
<td>Gallbladder Screening</td>
<td>Suggested nothing to eat for 8-12 hours prior</td>
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<tr>
<td>Kidney Screening</td>
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<tr>
<td>Pancreatic Screening</td>
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<tr>
<td>Ovarian Screening</td>
<td>Preparation: Drink 32 ounces of water 30 minutes before hold it</td>
<td></td>
</tr>
<tr>
<td>Obstetric Screening</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**COST:**
FREE – Donations Accepted

**WHERE:**
GateWay Community College
108 N. 40th Street
Phoenix, AZ 85034
Building/Room: MA1152

To make an appointment, please visit http://hugclinic.appointy.com/
Or call 602-286-8511
HUG CLINIC

AT GATEWAY COMMUNITY COLLEGE

The HUG Clinic on the GateWay Community College campus offers select pro bono healthcare services to the community, while providing real clinical experience for students in GateWay Health Sciences programs.

The HUG Clinic offers FREE physical therapy, ultrasound imaging, pulmonary rehabilitation, and weight loss management.

CLINIC HOURS
Ultrasound: Monday and Tuesday 9:00 a.m. to 3:00 p.m.
Physical Therapy: Tuesday and Thursdays 1:00 p.m. to 5:00 p.m.
Pulmonary Rehabilitation Maintenance phase: Wednesday and Friday 12:00 p.m. to 4:00 p.m.
Weight Loss Management: Monday 2:30pm-3:30pm (counseling appointment times vary)

LOCATION
GateWay Community College’s Main Building (MA1152)
108 North 40th Street
Phoenix, AZ 85034

BOOK AN APPOINTMENT
online at http://hugclinic.appointy.com/ or phone at (602) 286-8511
EXPLORE A CAREER IN COMMUNITY HEALTH!

We are looking for local leaders and advocates, willing to help transform their neighborhoods.

Maricopa County Department of Public Health (MCDPH), in partnership with Central Arizona College, is accepting full scholarship applications to certify you as a community health worker (CHW).

CHWs are needed to facilitate:
- Self-management of chronic disease workshops
- Enrollment in health insurance
- Access to community programs
- Adoption of healthy behaviors
- Culturally competent health and social services

BE THE CHANGE YOU WANT TO SEE IN YOUR COMMUNITY!

Maricopa County Community Health Worker Internship

Online, part-time distance learning

One year certification program

Hands-on training and internship at MCDPH

Full tuition scholarship (textbooks included)

Must be an Arizona resident with high school or GED diploma

Application deadline is July 1, 2018

APPLY ONLINE TODAY!

chw.WeArePublicHealth.org

QUESTIONS?

602-506-9328 | MariaBallon@mail.maricopa.gov
CALL FOR ENTRIES

11TH ANNUAL MUTANT PIÑATA SHOW

Weird Garden will be hosting the 11th Annual Mutant Piñata Show this year! Get out your craft supplies, papier mâché, paint, cardboard, glitter, recyclables, fur, pipe-cleaners, bubble wrap, newspapers, cloth, sequins, jewels, feathers, styrofoam, etc. to create your fabulous one-of-a-kind piñata! Piñatas can be traditional or completely non-traditional, and made with ANY materials. Any theme goes: wacky, somber, cartoony, philosophical, outrageous, political, naughty, elegant, funky, funny, gory. Piñatas that are designed to hang are preferable, but they can also stand or sit. All work must be ready to hang or exhibit in whatever manner it was intended; work that is falling apart on delivery WILL NOT BE repaired or exhibited. We will provide rope for hanging and info tags.

There is no entry fee and work can be for sale (or not). Deliver Monday, March 12th to Weird Garden, 1008 N. 15th Ave., between 5 and 8pm. The exhibit will open Third Friday, March 16th, as well as Art Detour Weekend March 17th -18th and will continue through FF April 6th. Deliver your piñata with this form; the show is not juried and all entries will be included. All ages and skill levels are welcome. If you don’t have a form, jot your info down on a piece of paper to include with your creation. More info? Beatrice at 602.391.4016.

NAME OF ARTIST (AND GROUP/ORGANIZATION):

ADDRESS (INCLUDING CITY AND ZIP):

CONTACT PHONE NUMBER:

E-MAIL:

NAME OF PIÑATA:

MEDIUM:

PRICE:
Community Action Team Meeting - CAT
“Fighting blight and crime together, connecting our community”

2018 - Dates

- March 08
- April 12
- May 10
- June (Summer Break)
- July (Summer Break)
- August (Summer Break)
- September 18
- October 11
- November 08
- December (Holiday Break)

Crime Updates
Community Announcements
Connect with Neighbors

⇒ Meetings are open to and hosted by the many neighborhood associations, resident leaders and community stakeholders in Central City South (CCS).

⇒ Presentations and information are provided to keep the community aware of crime and blight issues and efforts, development projects, zoning variances, and liquor applications and resources that impact the neighborhoods of CCS.

⇒ No more than 3 presentations by groups are scheduled for a maximum of 5-7 minutes at each meeting.

⇒ Time is reserved for public announcements at the end of each meeting. Refreshments are served and we have a community table available.

Working for positive community change Together!

Whose invited?
- Neighborhood Associations
- Tenant Councils
- Block Watch Groups
- Faith Based Groups
- Businesses
- Service Providers
- Government Agencies/Departments
- Any and all interested stakeholders

Host Site:
City of Phoenix HOPE VI
Emmett McLoughlin Community Training and Education Center
1150 S. 7th Avenue
(NW corner of 7th Avenue & Buckeye)
5:30-7:00 p.m.

Facilitated by:
Phoenix Revitalization Corporation
Jessica Bueno-Resident Svc Coordinator
jessica@phxrevitalization.org
Office: (602) 253-6895

Other projects of the CAT:
- Neighborhood Clean Ups
- Community Connection Fair
- G.A.I.N. Event